



# Silent Unity

## Prayer Service

May 2011

*It is not I, but the Christ within who does the work.*

Closing our eyes to focus our attention within, we breathe deeply and relax, feeling the loving energy of the Divine. Connecting with the One Power and One Presence in the universe, God the Good, we prepare in mind and heart for the sacred activity of prayer. Prayer has a ripple effect in the ocean of life as we unite in consciousness with others around the world. We share in the sacred connection to all that is, in the Silence ... ≈

*In the sanctuary of my heart,  
I feel the peace and love of God.*

*Pure love is everywhere present and at the very center of my being. As the light of Spirit moves in and through me, it infuses every area of my being with vitality, wisdom, strength and love. I share this light with others through my thoughts, words and actions. With peace in my heart, peace prevails in my world. I embrace peace now, in the Silence ... ≈*

*With Divine Spirit as my guide,  
I make wise choices.*

*The guiding light of Spirit is my beacon of Truth in both triumph and challenge. With confidence and enthusiasm, I trust my inner wisdom to lead me to right choices. Knowing my oneness with Spirit, I allow Divine guidance to light my way, right here, right now, in the Silence ... ≈*

*I am vibrantly alive and healthy.*

*Divine life is present and active in every fiber and cell of my being. My physical form is a body temple for the eternal Spirit within. I connect with Spirit and embrace my ideal state of wellness and wholeness. In the Silence, I affirm perfect health, releasing any and all concerns ... ≈*

*I am immersed in abundant life.*

*Living in an awareness of unlimited abundance, I know that God's goodness fulfills me now. I prosper as I realize divine good and allow the flow of prosperity to enrich every area of my life. From my finances to my relationships, creative self-expression, health and spiritual awareness, I rest in the knowledge that I am in the divine flow, and all is well, in the Silence ... ≈*

*I am a peacemaker, contributing to a peaceful world.*

*Overflowing with love and gratitude for all, I express peace in everything I think, say and do. As I connect with the peace at the center of my being, I know that I am contributing to a peaceful world. Divinely inspired, my prayers have the power to heal and transform the human heart. Peaceful hearts create peaceful environments, near and far. In the Silence, I affirm the presence of peace ... ≈*

As we bring our attention back to our physical surroundings, we give thanks for this sacred time of prayer. We envision the prayer energy created here flowing in all directions, touching the hearts and minds of all. Revitalized in the love and light of Spirit, we return to the tasks at hand, knowing that we are divinely guided in all that is ours to do. And for this we say, thank you, Spirit, Amen.

Let us conclude by praying together the "Prayer for Protection":

**The light of God surrounds us;  
The love of God enfolds us;  
The power of God protects us;  
The presence of God watches over us.  
Wherever we are, God is!**

*For loving prayer support, night or day, call or write:*

  
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Note: ≈ indicates a pause.

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