



# Silent Unity

## Prayer Service

August 2011

*It is not I, but the Christ within who does the work.*

**A**s we begin our prayer time, we take a moment to come to center. We feel the connection we have with the earth and with all others on this planet. We think of the many who have come before us and those who are with us now on our life journey. Compassion flows from our heart center with each exhale ... ≈

In the silence, my heart and mind  
are centered in God.

*Through my connection with the earth, I experience inner peace. I am calm and centered. I am grounded in peace, knowing it is the avenue through which good flows. I feel as calm as a still lake, as filled with warmth as a sandy beach in summer. I am filled with the same diverse beauty as the fall colors. Silence, like a gentle snow shower, enfolds me in peace. Love flows from my heart center as I pray ... ≈*

I have faith in the infinite wisdom of God.

*The wisdom of Spirit directs me on the right path. In this time of meditation, I commune with the God of my understanding. I am assured of divine guidance and divine order. As I follow my inner wisdom, I trust that all situations are unfolding to the highest and best outcome for all.*

*I release any question or concern to Spirit and rest in the silence with deep faith. I know that all prayers are answered. In the silence, I am open and receptive to divine guidance ... ≈*

Divine life is present in every cell of my body.  
I am whole.

*I live in the continual flow of the healing power of God. Healing energy flows throughout my body. Every cell is awash in this divine flow, and is nurtured, refreshed and renewed. I am regenerated. I am whole and healthy.*

*I redirect this healing energy to any part of my body still calling for attention as I enter the silence ... ≈*

I am prospered as I circulate God's good.

*I experience the abundance of life on earth through the principle of circulation. As I give, I create space to receive. As I sow and reap, I make room for more growth. As I share, I open the way for gratitude. I give and receive love. I am an inherent part of the cycle of life. Good flows to me and through me to others. I am open to receive my good in the silence ... ≈*

I enfold myself and all beings in peace.

*Through my thoughts, words and actions, I contribute to world peace. Thoughts of harmony create an inner place of peace. I shower the world around me with words of peace. Through my actions, I model peace in the world. In a consciousness of love and forgiveness, I send out waves of peace that softly wash over those in anger. Their hearts soften. I am the change I wish to see in the world ... ≈*

As we return to this time and place and bring our thoughts back to this present moment, we gently open our eyes and give thanks for the time we have spent in unity of Spirit.

In this spirit of oneness, let us pray together our "Prayer for Protection":

**The light of God surrounds us;  
The love of God enfolds us;  
The power of God protects us;  
The presence of God watches over us.  
Wherever we are, God is!**

*For loving prayer support, night or day, call or write:*

**unity**  
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Note: ≈ indicates a pause.

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