



# The Unity East Chimes

March/April 2011



## Insights from the Minister...

### Magnificent Gift of Spring

The coming of Spring is one of the most magnificent gifts of the year. It's like waiting for the show to begin in the Theater of Seasons. Nature's curtain slowly opens to reveal a stage of staggering beauty. Spring is about giving ---giving to life lavishly---giving with abandon. At any given moment in our lives, we're also on a stage where we can either reveal our amazing beauty or stay in the winter of our potential. Each of us has "Star" billing in our own production. The piano player or ball player has a more intense experience than anyone observing their life.

The person who gives of their talents and abilities lavishly and with abandon has a more intense and rewarding experience than one who hides in the wings of their own production. The message of Spring is to herald the opening of a new season in our lives with a whole new cast of players. At Springtime, we have at last a clear sign that the year is rising from the enclosing darkness of winter into a warmer, brighter world.

What a magnificent gift we have this Springtime to make a gift to ourselves of renewal---dedicating it to the beginning of a new phase of our lives or to a plan or enterprise. Let's project our thoughts and intentions forward over the next few months drawing the light into our bodies and allow the sap-rising Spring to penetrate our souls. Our goal is to be aware of the fusion between body and soul, and of their unity with the light and the season.

We know that the radiant spark of God's Light is at the core of every creative being; it leaps from place to place, from heart to heart, changing and forever growing. Nothing can stop this spark from spreading through the world like flame through a piece of charcoal. Nurture your spark of creativity each day, set your intentions and watch the flame of inspiration bring you to a whole new season in the play called, "My Life." Our co-founder in Unity, Charles Fillmore, at the age of 94 affirmed, "I fairly sizzle with zeal

and enthusiasm and I spring forth with a mighty faith to do that which I ought to do!" Let it be so with you this wonderful Spring of 2011 as we celebrate Easter by opening the window of our potentiality.

With Love and Blessings,  
Rev Rose

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### Thoughts of Abundance

MOMENT OF INSPIRATION #111304

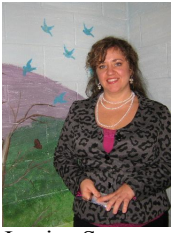
by Michael Jamison

Find a personal lesson for yourself in the way "big box stores" drive "mom and pop stores" out of business. The key to big box store growth and little storefront demise is volume of goods sold. The catch is Walmart sells cheap, because it sells much, while the storefront sells expensive, because it sells little. Sell little, and you do not have the cash flow needed to place much inventory in the store. Not ordering much from your supplier means you cannot command a lower cost of goods from the warehouse, because you cannot order in volume. All this is basic economics.

What about the basic metaphysics of it? To succeed big in your own personal life, ask much of your Supplier (yes, spelled with a capital "S"). If in your own personal life you do not do much living, then you will not have much room for a significant volume of life. The key to personal success is to live big. To live big, live unrestrained. Be a big box instead of a storefront.

Living in the United States of America provides the greatest opportunity for living unrestrained. If you are being held back in America, then you are the one restraining yourself. Why put yourself on a short leash, unless you fear freedom? Slip your self-imposed collar, run free, and explore. Poke around to see all that Spirit has in store, and awaken to the fact that your consciousness is the store.

"Rev Michael Jaimison writes a free daily inspirational message. You are invited to subscribe to Moments of Inspiration just by emailing him at [momentofinspiration@yahoo.com](mailto:momentofinspiration@yahoo.com)."



Jessica Starr,  
Director

# Youth Education Ministry

Unity East's dynamic Youth Ministry has welcomed in the new year with exciting growth! We would like to welcome two **new Youth Ministry teachers** to the team, Barbara Fox and Amy. We appreciate all of the wisdom, energy and joy that they bring to our community! We welcome them into our vision of working together to create sacred space and learning for our youth. There will be a **Youth Ministry teachers' meeting** after the service on April 10 for all Youth Ministry teachers and those who are interested in helping. Please see Jessica Starr or Judy Renner before the meeting if you are interested in exploring service on our Youth Ministry Team.

Following the joyous success of our Intergenerational Karaoke Party, another opportunity for all our community members will take place during our **Intergenerational Game Night**. Come join us in celebration and fun on Saturday, March 26th from 6 p.m. to 9 p.m. Feel free to bring your favorite games along or play one of ours. There will be space provided for the children to play games of their own! Pizza and beverages will be served.

On April 24th, Easter Sunday, the **Unity East Wings of Song Angels** will share their gift of song at an Easter performance. The choir will be lead by John Crawford and Jeanne Wherley. Thank you to both of them for their support and guidance!

The ministry team will be starting an exciting 10-week youth curriculum based on the first four **Harry Potter DVDs** on Sunday, April 1st. Using Harry Potter's story of a universal spiritual journey, the curriculum is designed to facilitate students' ability to tap "into the magic that exists within." The children will explore the lessons with a variety of creative activities, discussions and games led by our teachers.

We invite you to hold a vision of our expansion into a multigenerational community working together for the common good and drawing on the unique gifts and "magic" of each congregant!

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## Writer's Forum

**First Saturday of each month from 3:00 – 4:30 p.m.  
Begins March 5<sup>th</sup>.**

**Facilitator:** Rev Rose Houston

It's a new year and the clear skies, crisp air and the promise of Spring bring new energy and a fresh outlook. What a great time of year to re-energize your dream writing project and honor it with loving attention and focus! Are you ready? Harness that energy now with the Writer's Forum.

# Board Notes

Unity East Church is off to a busy start in 2011. We held two Town Meeting visioning experiences. Many participated in the recent Radical Forgiveness workshop. We were energized when the Bead People blessed us with an evening of concert music. Film nights are featured regularly. An on-site bookstore and lending library offer excellent reading resources. A New Member class occurred on February 6<sup>th</sup>. Two other class offerings are underway - the Writer's Forum, and Tools for Conscious Living and Walking Your Talk. Community outreach is alive and well with the recent addition of the Thich Nhat Hanh.

Community meetings are being held at Unity East. I see a vibrant church meeting the needs of people searching for a truly spiritual experience. We have a marvelous program of Sunday Service inspiration, workshops and classes, special study groups, prayer ministry, diverse music offerings, an "information packed" website and retreats that are motivational in design and beneficial with life enhancing messages.

As we move through 2011, let's strive to reveal Unity East's secret to others both near and far. Let's broadcast to them that meditative church services, great classes and workshops, creative programs, community outreach and good music can be found right here at the "little brick Church on the hill" in Pickerington.

President,  
John H. Crawford

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## Friendship Dinners

Let's get to know each other better! Bring a dish to share and join a Friendship Dinner this winter. These small group dinners are a great way to get to know others through enjoying a meal and conversation together. It's easy for everyone!

1. Sign up to be a host. You provide your home, select a date and time, and indicate how many guests you would like to attend. You provide the main dish and help your guests select appropriate dishes to bring.
  2. Sign up to attend a dinner. Choose a dinner from those established and sign up. Talk with the host to decide what dish you would like to bring that would fit for the meal.
  3. Enjoy—make new friends and strengthen current relationships!
- The sign up sheets are on the Volunteer Table!

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## SPRING FORWARD!!!!

Sun., March 13<sup>th</sup> – Day Light Savings begins -- Remember to set your clocks ahead one hour on Saturday night, March 12<sup>th</sup>!

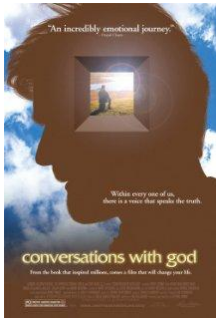
**“Finding Wholeness after Disability”  
Sunday Service – March 6<sup>th</sup>  
Guest Speaker:  
Inspirational Speaker –  
Brent Simonds**

Brent Simonds will share insights he gained after becoming disabled. Join us to hear him inspiring story of how he learned to stay healthy, change his attitudes, and change his life in a positive way.

Musicians: Soloist Rose Bowen with Accompanist Sandy Young

Following our service we will have a **Get Healthy Seminar** with the Transformation Weight Loss & Nutrition Center at 12:00 p.m. This short talk will explain the program, which is a medically supervised 12-week program by a Board Certified Internist.

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**March Movie Night  
“Conversations  
With God”**

Bring your favorite comfort food for all to share or just bring yourself. There is always plenty of food.

**Monday, March 7, 6:00 p.m.**

Join us at the Big Screen downstairs  
in the Youth Ministry Area.

Adapted from the books by Neale Donald Walsch that inspired and changed the lives of millions worldwide, *CONVERSATIONS WITH GOD* tells the true story of Walsch (Henry Czerny) who, at the lowest point in his life, asks God some very hard questions. The answers he gets from God/within become the foundation of an internationally-acclaimed book series that has sold over 7 million copies and been translated into 34 languages. The film chronicles the dramatic true journey of a struggling man turned homeless, who inadvertently becomes a spiritual messenger and bestselling author.

**2011 Annual  
Membership Meeting  
Sunday, March 13<sup>th</sup>**

We will gather after the worship service for the Annual Membership Meeting from 11:45 to 1:00 p.m. Childcare will be provided. We encourage everyone to attend regardless of your membership status. We trust in God’s guidance as we seek to express the Christ in our church, our community and the world.

This is the time when we re-commit to our vision for Unity East Church. As outlined in our by-laws, your membership must be renewed annually at or before the Annual Meeting. We are asking for the re-affirmation of your current membership to Unity East Church. Membership Renewal Forms are available at the church or call the church and we will send one to you. Please take the time to fill it out and either mail it to the church office or bring it to the worship service on any Sunday. Also, know that your continued support and prayers is the greatest asset we have.

With Infinite Love and Blessings,  
Rev Rose Houston

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**Experience the Oneness Blessing™**

And join the mass awakening that is  
happening here and now

**Facilitator: Dave Altman  
Sunday March 20<sup>th</sup>**

**12:00 p.m. after fellowship.**

**What is the Oneness Blessing™?**

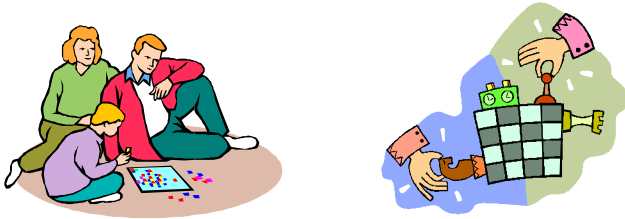
The Oneness Blessing is basically a process of transferring divine grace through the Oneness Blessing giver who becomes an open vessel. This brings about a shift in human consciousness. The shift in human consciousness is brought about by affecting a neurobiological change in the brain.

**Benefits of the Oneness Blessing™**

- Re-pattern negative life programming.
- Release traumas that have been stored at the cellular and energetic levels.
- Facilitate deep emotional and physical healing

Our Oneness Blessing™ facilitator, David Altman, has been on a spiritual path for over 20 years. This path led him to the Oneness Movement on 30 June 2007. The class is offered on a love offering basis.

**FUN NIGHT  
At Unity East  
Saturday, March 26<sup>th</sup>  
6:00 p.m. - 9:00 p.m.**



**Intergenerational Game Night  
Pizza and Beverages will be served**

Following the joyous success of our Intergenerational Karaoke Party, another opportunity for all our community members will take place during our **Intergenerational Game Night**. Come join us in celebration and fun. Feel free to bring your favorite games along or play one of ours. There will be space provided for the children to play games of their own!

**Extend an invitation to  
friends and family.**

**Appropriate for all ages.**

**Call with any questions**

**Unity East Church 614-920-4442**

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**Want to go paperless?**

The newsletter is on our webpage in a PDF format and/or we can e-mail you the newsletter if you would prefer. If you want us to e-mail you, please provide your e-mail address. If you wish to view it on our website or on email and not receive a mailed copy, please advise Vicki Miller at [edvicki2006@yahoo.com](mailto:edvicki2006@yahoo.com) and we will update our files.

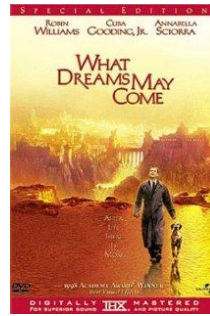
Of course, we are happy to continue mailing it to you.

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**Visit our website at  
[www.unityeastchurch.org](http://www.unityeastchurch.org)**

Each week you will find the message and meditation as well as upcoming events, guest speakers and much more!



**April Movie Night  
"What Dreams  
May Come"**

Bring your favorite comfort food for all to share or just bring yourself. There is always plenty of food.

**Monday, April 4, 6:00 p.m.**

Join us at the Big Screen downstairs  
in the Youth Ministry Area.

After the death of their two children, Dr. Chris Nielson and his wife Annie find their lives fraught with difficulties, especially for Annie. When Chris dies and goes to Heaven he meets Albert and discovers that Heaven is even more wondrous than anything he could have imagined. However, Chris's death is the last straw for Annie and in her madness commits suicide and journeys to a place very different from Chris. On discovering Annie's misfortune, Chris forces Albert to enlist the help of The Tracker and together they journey into the depths of despair to discover the destiny of Annie's soul and attempt a rescue.

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**Maundy Thursday  
Seder Meal  
Thurs., April 21 - 6:30 p.m.**

This is the meal that Jesus and His disciples celebrated at the Last Supper. This event is rich with tradition and the ceremony takes about an hour. Dinner will be served afterwards at 7:30 p.m. At the Seder meal there is nothing served that contains flour, yeast or dairy. Select recipes will be set out for anyone wishing to bring a traditional side dish to add to the dinner. There is limited space for this event and reservations are required by Sun. April 17<sup>th</sup>. Love Offering.

## YOUTH MINISTRY– Sundays 10:30 a.m.

### *Upcoming Events at Unity East Church*

All events held at 170 E. Columbus St., Pickerington, unless otherwise noted.  
Call 614-920-4442 or visit our website: [www.unityeastchurch.org](http://www.unityeastchurch.org) for information or directions.

The Calendar is now on the website. Check there for frequent updates! [www.unityeastchurch.org](http://www.unityeastchurch.org)

#### **March 2011 -- Theme: Get Healthy**

- Mar. 02, Wed. **Wellness Circle** 7:00 p.m.  
Mar. 04, Fri. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 p.m. The Eastside Bliss Run Mindfulness Community practices mindfulness to cultivate peace and joy, within and without.  
Mar. 05, Sat. **Writer's Forum** 3:00 – 4:30 p.m. (First Saturday of each month)  
Mar. 06, Sun. **Message: Finding Wholeness after Disability Guest Speaker: Inspirational Speaker – Brent Simonds**  
Musicians: Soloist Rose Bowen & Sandy Young  
**Get healthy seminar with the Transformation Center** 12:00 p.m. – 12:30 p.m.  
Mar. 07, Mon. **Class “Tools for Conscious Living and Walking your Talk”** 11 a.m. – 1 p.m. week 5 of 5  
**Movie Night** “Conversations With God” 6:00 pm See above for details.  
Mar. 09, Wed. **Silent Unity Prayer Service** 7:00 p.m.  
Mar. 11, Fri. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 p.m.  
Mar. 12, Sat. **Restorative Yoga Class** 10:00 a.m. – noon by Connie Bradford Love offering.  
**White Bison group** 12:30 p.m. by David Cook  
Mar. 13, Sun. **Message: Taking the Splinter Out of the Soul** Musicians: Ralph Leeseberg & Shevawn Gibson  
**ANNUAL MEETING**— 11:45 Board of Trustees facilitating.  
**Vince Lisi Book Study Class** – 3:00 p.m. – 5:00 p.m. The book is “The New Earth” by Eckhart Tolle.  
**Wellness Circle** 7:00 p.m. **Ash Wednesday service**  
Mar. 16, Wed. **Board meeting** 7:00 p.m.  
Mar. 17, Thurs. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 pm.  
Mar. 18, Fri. **Message: Health is a Laughing Matter** Musicians: Lynda McClanahan & Joel Knepp  
Mar. 20, Sun. **The Oneness Blessing** with Dave and Guilda Altman  
**Silent Unity Prayer Service** 7:00 p.m.  
Mar. 23, Wed. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 p.m.  
Mar. 25, Fri. **Board Training** 9:00 a.m. – 1:00 p.m.  
Mar. 26, Sat. **Restorative Yoga Class** 10:00 a.m. – noon by Connie Bradford Love offering.  
**White Bison group** 12:30 p.m. by David Cook  
**Intergenerational Game Night.** 6:00 p.m.-9:00 p.m. Details above.  
Mar. 27, Sun. **Message: Highway to Heaven** Musicians: Louise Salvador & Sandy Young  
Mar. 30, Wed. **Wellness Circle** 7:00 p.m.

#### **April 2011 -- Theme: Step Out in Faith**

- Apr. 01, Fri. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 p.m.  
Apr. 02, Sat. **Writers Forum** 3:00 – 4:30 p.m. (First Saturday of each month.)  
Apr. 03, Sun. **Message: I Hope You Dance** Musicians: Don Ervin and Sandy Young  
Apr. 04, Mon. **Movie Night** “What Dreams May Come” 6:00 p.m. See above for details.  
Apr. 06, Wed. **Wellness Circle** 7:00 p.m.  
Apr. 08, Fri. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 p.m.  
Apr. 09, Sat. **Restorative Yoga Class** 10:00 a.m. – noon by Connie Bradford Love offering.  
**White Bison group** 12:30 p.m. by David Cook  
Apr. 10, Sun. **Message: Bridge of Faith** Musicians: Ralph Leeseberg & Shevawn Gibson  
**Vince Lisi Book Study Class** – 3:00 p.m. – 5:00 p.m. The book is “The New Earth” by Eckhart Tolle.  
Apr. 13, Wed. **Silent Unity Prayer Service** 7:00 p.m.  
Apr. 14, Thurs. **Board Meeting** 7:00 p.m.  
Apr. 15, Fri. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 p.m.  
Apr. 17, Sun. **Palm Sunday** Message: Mastery of the Palm Musicians: Lynda McClanahan & Joel Knepp  
Children's Choir *The Unity East Wings of Song Angels*  
**Wellness Circle** 7:00 p.m.  
Apr. 20, Wed. **Sedar Meal** 6:00 p.m.  
Apr. 21, Thurs. **Good Friday Service** – Holy Communion 7:00 p.m. Musicians: Soloist Rose Bowen & Sandy Young  
Apr. 22, Fri. **Restorative Yoga Class** 10:00 a.m. – noon by Connie Bradford Love offering.  
Apr. 23, Sat. **White Bison group** 12:30 p.m. by David Cook  
Apr. 24, Sun. **Easter Sunday** Message: Opening the Window of Eternal Life **EASTER FLOWER SERVICE**– Unity's beautiful flower service, celebrating the rebirth and renewal of Easter.  
Musicians: Lynda McClanahan & Joel Knepp  
Apr. 27, Wed. **Silent Unity Prayer Service** 7:00 p.m.  
Apr. 29, Fri. **The Thich Nhat Hanh community** meets here on Friday evenings from 7 to 9 p.m.



**UNITY EAST CHURCH**  
**P.O. Box 157**  
**Pickerington, Ohio 43147-0157**  
**614-920-4442**

**Non-Profit Org.**  
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*Please let us know if you'd like to be removed from our mailing list.*

## Easter Services

### Apr 17–Palm Sunday

Message: Mastery of the Palm  
 Music by Lynda McClanahan & Joel Knepp  
 Our children's choir, *The Unity East Wings of Song Angels* will sing for us!



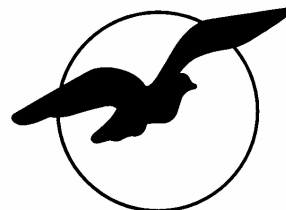
### Apr 22–Good Friday Holy Communion

Message: The Lost Chord  
 Music by Soloist Rose Bowen  
 accompanied by Sandy Young



### Apr 24–Easter Sunday Flower Service

Message: Opening the Window of Eternal Life  
 Music by Lynda McClanahan and Joel Knepp



### **UNITY EAST CHURCH**

170 E. Columbus St., P.O. 157  
 Pickerington, OH 43147-0157  
 614-920-4442

[www.unityeastchurch.org](http://www.unityeastchurch.org)

Sunday Service 10:30 a.m.

Rev. Rose Houston

Licensed Unity Teachers:

Shirley Williams, Elizabeth Betzel

#### **Office Hours**

Wednesday 1:00 p.m. – 8:00 p.m.

Thursday 1:00 p.m. – 5:00 p.m.

Saturday 1:00 p.m. – 4:00 p.m.

Please call the office to schedule counseling appointments with Rev. Rose.