



The Unity East Chimes

January/February 2012



Insights from the Minister...

Opening the Gates of Abundance

It is time to say goodbye to the year 2011 and to welcome the New Year 2012 with open arms. If we take a moment to review the events of 2011, we will find that many of the challenges we faced have been resolved and perhaps some of our goals have been reached. Let us resolve to give thanks for the gifts in each lesson as we let go of the old year. The beginning of each new year is an excellent time to unfold new horizons and realize new dreams. It is a time to rediscover the strength and faith within us and to rejoice in simple pleasures while at the same time, gearing up for new adventures and new challenges. With positive expectation, we can envision the greater possibilities before us. We can set our intention to rejuvenate our spiritual energies and to accept the gift of lasting prosperity that God longs to give each of us.

This year at Unity East Church we are taking this idea to a new level by aligning with Unity Village's theme for 2012, "Discover the Power within You." We set this process into motion by utilizing the law of circulation, sometimes called the law of giving and receiving, The first thing we can give is a heartfelt prosperity blessing to everyone we encounter. Another of the finest gifts we can give is our time. We give generously when we listen with an open heart to someone else. Finally, we can make a conscious decision to bless the place where we receive spiritual nourishment with an increase in our financial offerings. The laws of the Universe begin to operate the instant we open the prosperity gate of giving.

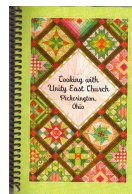
Then, we open ourselves through the activity of our minds to receive all the rich blessings God longs to give us. The great Truth of prosperity is that we can never out give God. Discovering the Power within starts with opening our awareness to the blessings we already have received. The next step is to begin preparing to receive the rich blessings

of vibrant ideas that are sure to make our New Year a great success. Let us all set our intention to make this year one that will be cherished as well as one that will add the colors of achievement in our lives.

This January, we will begin the process of creating a new sense of Self through a program called Seasons of Change. Using the four seasons we will begin with Reflection in the Winter; Renewal in the Spring; Rejuvenation in the Summer and finally in the Fall, a time to Harvest. Mark January 7 on your calendar to attend the prosperity workshop to begin the journey of Creating a New Sense of Self by making a Journey Wheel or Vision Board.

As we all make a commitment to open gates of abundance, Unity East Church stands poised to enter a new era of prosperity, transformation and expansion. Let each of us bring our special gifts to be shared and enjoyed during this wonderful time of new beginnings. I encourage you to find joy and fulfillment in our Church home remembering it takes all of us to create the future. The future is bright with promise beckoning each of us to stretch and grow beyond our comfort zone. Carpe Diem! Seize the Day!

With Love and Blessings
Rev. Rose



Cooking with Unity East

These books will be great for us to enjoy each others' favorite foods. You can purchase it in our Bookstore or if you want to order by mail, send your name, address and check for \$11.00, (book is \$8 and \$3 for s/h). Mail check to Unity East Church, P.O.Box 157, Pickerington, OH 43147-0157.

The proceeds from the sale of cookbooks will go toward paying off our mortgage!

MOMENTS OF INSPIRATION

Metaphysically, those who are repeatedly successful in life play at it like the game of BINGO. To win at BINGO, it is helpful to do multi-tasking by working several cards at a time. Whether working one card or three, you must listen attentively and take action quickly based on what you hear. Oftentimes, a player loses out by being distracted from his or her purpose. For winning the game of life on the planet, our purpose is to listen attentively to the coordinates called out by Spirit.

We can only go to coordinates that we have on the "card" of our consciousness, and we can go there only when they are called out. Called out coordinates that we do not have are not missed opportunities, but just destinations not meant for us that playing of the game. If we go there anyway, we live a lie, and we will be disqualified from enjoying the prize when we shout out "BINGO" based on lies. Played truthfully, the game eventually gets us to the point where we can shout out "BINGO" legitimately. That happens based on all the destinations to which we have honestly been.

In the final analysis, a lot of those past destinations were seemingly pointless when we landed on the called out coordinates, but we could not know that while the game was still in progress. We had to go where Spirit sent us, in hopes that more possibilities would build up along that same line, leading to a win. Whatever square you are on just now, treat it like a potential winner to get the most out of it.

(For help in stretching your consciousness to cover the most, you are invited to contact Rev. Michael Jamison at Unity Church of Christianity, 9126 SW Tenth Avenue / PO Box 750658, Topeka, KS 66675-0658, 785-478-1333, to learn more about the Unity way of positive living. Call 785-478-1777 to listen to a message different from the email message and recorded fresh daily.)

by Rev. Michael Jamison

Board of Trustee News



A Note from Connie Jenkins, Board President

Unity East has been an important resource for so many of us on our spiritual journey. I will always have gratitude for the presence of Unity in this community. My life has been enriched by this spiritual community and the Truth

teachings that I encountered here. So many of us volunteer our energy and time so that this community can continue to be a vibrant source of spiritual teaching and transformation, now and into the future. Many times during my nearly two years of service on the Board I have marveled at what our relatively small Unity East community continues to be able to accomplish. I know it is because so many people volunteer so much of themselves.

On behalf of the Unity East Board, it is with much gratitude that I share our optimism that Unity East appears to be on good financial footing as we go into the New Year. I offer my thanks to all who do so much to make it possible for this spiritual community to continue to be a valuable part of so many of our lives.

Unity East Church Financials

This ministry is solely supported by your tithes and love offerings. We are spiritually affiliated with Unity Worldwide Ministries, Unity Institute and Silent Unity. Each Unity Ministry, however, operates as an independent entity.

2011 Financial:

	October	November
Inflows	\$11,509.20	\$9,881.95
Outflows	\$10,246.80	\$9,895.66
Tithes	\$ 960.32	\$1,208.80

(*UE Tithes - included in the Outflows)

Thank You, God!

*As a ministry we practice the spiritual law of tithing 10% of our income to support Unity Worldwide Ministries, Unity Institute and Silent Unity so that the TRUTH that UNITY teaches can continue to be spread throughout the world.

We appreciate your continued tithes and love offerings for they make it possible to maintain Unity East as a center for Spiritual growth in discovering, experiencing, expressing and celebrating God's great good in and around us.



A Note about Sharon Sheppard, Vice President

We wish to provide an additional comment on Sharon Sheppard's bio that appeared in the November/December Chimes newsletter. Sharon is our new Vice President on the Board of Trustees, and her degrees also include a Masters Degree in Social Work at Barry College School of Social Work in Miami Shores, Florida.

From the Desk of Carol Crawford...

The year 2011 has been exciting, especially for me here at Unity East Church. Under the expert tutelage of Mary Mitchell and Elizabeth Betzel I learned how to work the church finances. I used new software programs, became more familiar with the inner workings of church life, and interacted with many congregants and business professionals. Also, I gained "hands on" experience working with Unity East's first Silent Auction and first cookbook publication.

What a wonderful year it has been. But now the time has come to hand off the financial assistant role to yet another congregant in 2012. Please welcome Gladys Moorehead as she assumes this responsibility. She is a long time member who has served Unity East well in many capacities. She is a "quick study" with a delightful sense of humor and much enthusiasm. Also, her attention to detail will be perfect for the position. Please join me in wishing Gladys the very best in her role as financial assistant in 2012!



Burning Bowl Service Sunday, January 1

The Burning Bowl service prepares us for the New Year and a new beginning. Through the process of releasing all the negativity and old way of doing things, we begin the new year with the burdens of our hearts lightened and opened. This service gently guides us through the process of letting go and letting God create a new heart filled with love and passion for living.

The White Stone Ceremony Sunday, January 8

Join us on Sunday, January 8, to participate in the White Stone Ceremony. The White Stone Ceremony is a special ceremony that involves words. It's an opportunity for us to collectively invite Spirit to move through our minds and our hearts to give us a focus word, or phrase or symbol that can be our guiding force, our sense of direction in this New Year. This lovely & meaningful ceremony, also, guides us into an awareness of what Spiritual gifts we need to bring forth into expression for the new year.



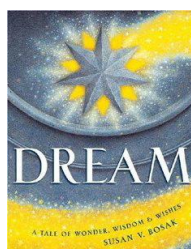
Traci McCue, Director

Youth Education Ministry

Happy New Year!

As 2011 came to a close, the Board of Directors requested changes be made to our Youth Education program. I am honoring their request by reducing the number of Sunday School lessons each month to two. Effective January 2012, we will have Sunday School lessons available on the first and third Sundays of each month. Childcare will be available on second, fourth and fifth Sundays for all children. It is my sincere hope that this will be a short term change and that we will have children and a need for weekly Sunday School again very soon.

In January, we will celebrate the New Year with a Burning Bowl Ceremony on January 1. We will focus on releasing the past and setting our intentions for the coming year using the third Unity principal: "I create my experiences by what I choose to think, what I feel and believe." Our affirmation for this lesson is "This is the best year of my life!"



On January 15, we will begin "Be a Dreamer": a curriculum based on the ideas found in the book, *Dream: A Tale of Wonder, Wisdom and Wishes*, by Susan Bosak. We will explore how our dreams help us create the life we want. This will be the focus of our Sunday lessons into March.

As we move forward into the New Year, I look forward to exciting things for our youth at Unity East. I visualize a full renewal of the YE program and see it filled with joy and vibrance...and most especially...CHILDREN!!

Blessing of Light and Love,
Traci

Want to go paperless?

The Chimes newsletter is on our webpage in a PDF format and/or we can e-mail you the newsletter if you would prefer. If you want us to e-mail you, please provide your e-mail address. If you wish to view it on our website or on email and not receive a mailed copy, please advise Vicki Miller at edvicki2006@yahoo.com and we will update our files.



Seasons of Our Life Prosperity Workshop

**Saturday, January 7
10:00 a.m. – 3:00 p.m.**

Facilitated by: Rev Rose Houston

This January, we will begin the process of creating a new sense of Self through a program called Seasons of Change. Using the four seasons we will begin with Reflection in the Winter; Mark January 7 on your calendar to attend the prosperity workshop to begin the journey of Creating a New Sense of Self by making a Journey Wheel or Vision Board.

This workshop looks at the abundant life from a number of perspectives and gives tools to use to make a major change in consciousness to achieve your goals and dreams. In the afternoon you will create a Treasure Map or Vision Board.

Bring a poster board or binder, magic markers, glue and scissors. Some of these will be available for your use. Create your own unique prayer to bring your dreams into manifestation. Many who participated in this workshop experienced fabulous results. Invite a friend to share in the fun. Please sign-up so enough handouts will be available.

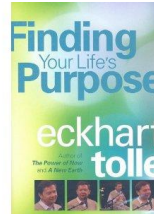
Lunch and beverages provided; Love Offering.

Membership Class

**Sunday, January 8
12:30 p.m. – 3:30 p.m.**

Rev Rose Houston –Facilitator

You are invited to consider becoming a member of Unity East Church. This class is required for prospective new members to the church, and covers Unity's unique views and beliefs. New members will be inducted on January 15 during the worship service. Anyone wanting to know more about Unity or desiring a review of the basics is also welcome to attend the class. Light lunch will be provided. Please sign up if you plan to attend the class. Child care upon advance request



Movie Night

“Awakening in the Now”

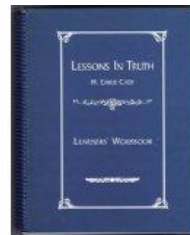
Bring your favorite comfort food for all to share or just bring yourself. There is always plenty of food.

**Monday, January 9 – 6:00 p.m.
Unity East Church**

Eckhart Tolle's newest DVD as seen on PBS offering viewers key pointers toward Spiritual Awakening in the Present Moment.

At a time when thoughts of scarcity often rule the day, Eckhart Tolle reminds us that our greatest treasure can be found in the richness of the present moment. As seen on PBS, the bestselling author of A New Earth (Penguin, 2008) on DVD, helps us transcend the compulsive thinking that keeps us from truly creating a better world. Eckhart Tolle is a spiritual teacher and bestselling author who was born in Germany and educated at the Universities of London and Cambridge. At the age of 29 a profound inner transformation radically changed the course of his life. Today, Eckhart is a sought after public speaker who teaches and travels extensively throughout the world

One reviewer online said, “Some people say his message is repetitive. I actually need it to be repetitive. I need the wisdom that Eckhart Tolle speaks to penetrate all the layers of conditioned thinking/reacting that have kept me unconscious, kept me from living an authentic life. It's time to awaken. The time is Now. I will watch, listen and practice, knowing it will take time to fully awaken. And knowing it can only happen Now.”



**Presentation of a Unity Basic, Lessons in Truth
Tuesday, January 10 for 5 weeks
7 – 9 p.m. and then repeated
Thursday, March 15 for 5 weeks
1 – 3 p.m.**

Facilitated by Ella Schulz

Lessons in Truth will be presented in January, February and March of 2012. *Lessons in Truth* by H. Emilie Cady is a basic Truth book that Unity has used for many years. *Lessons in Truth* is a clear, concise representation of New Thought philosophy and metaphysical Christianity. The spiritual concepts presented in these twelve lessons show us how to increase our personal empowerment and enhance our spiritual growth. Dr. Cady teaches that our lives can be

transformed by the power of our thoughts, words, and beliefs. She encourages us to find our truth as it is written in our own hearts and then apply these truths in every area of our lives.

A student of New Thought teacher Emma Curtis Hopkins, Dr. Cady remained spiritually independent. She was inspired by biblical teachings and influenced by the ideas of Ralph Waldo Emerson. Cady was a contemporary of Emmet Fox, the popular New Thought writer; Charles and Myrtle Fillmore, cofounders of the Unity movement; Ernest Holmes, founder of the Church of Religious Science, and other great minds of the New Thought Movement.

To quote Dr. Cady, "In entering upon this course of instruction, each of you should, so far as possible, lay aside, for the time being, all previous theories and beliefs. By so doing you will be saved the trouble of trying, all the way through the course, to put "new wine into old wineskins" (Luke. 5:37)."

To quote Connie Fillmore Bazy, (granddaughter of Charles and Myrtle) *"For the past 100 years, Unity students around the world have been blessed that this little book has been available to guide them in their quest for Truth. Dr. Cady's straight-forward approach and no-nonsense style make her words as powerful as they are timeless."*

Two sessions of this class will be presented to accommodate both evening and day classes.

Comfort Food Potluck and Music Jam Saturday, January 14 – 6:30 p.m.

Potluck supper starts at 6:30 p.m., music soon thereafter. Back by popular demand! We are having our mid-winter evening of comfort food and joyful music. If you haven't attended this event before, participants bring a comfort food to share (whatever you think qualifies—macaroni and cheese, pizza, brownies), an instrument, or just a joyful voice, and a lavish feast and exuberant jam session ensue! We hope you can join us!



Visit our website at
www.unityeastchurch.org

Each week you will find the message and meditation as well as upcoming events, guest speakers and much more!



Experience the Oneness Blessing™

Sunday, January 15
12:30 – 2:00 p.m.

Join the mass awakening that is happening here and now.

Facilitators: Dave and Guilda Altman

What is the Oneness Blessing™?

The Oneness Blessing is basically a process of transferring divine grace through the Oneness Blessing giver who becomes an open vessel. This brings about a shift in human consciousness. The shift in human consciousness is brought about by affecting a neurobiological change in the brain.

Our Oneness Blessing™ facilitator, David Altman has been on a spiritual path for over 20 years. This path led him to the Oneness Movement on June 30, 2007. Love Offering.





Writer's Forum

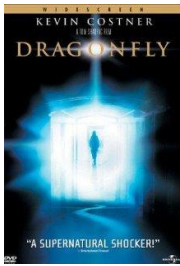
Saturday, February 4

First Saturday of each month from 1:00 – 3:00 p.m.

Facilitator: Rev. Rose Houston

Sandy Juniper will step in for Rev. Rose while she is on vacation February 4th.

What a great time of year to re-energize your dream writing project and honor it with loving attention and focus! Are you ready? Harness that energy now with the Writer's Forum. No Writer's Forum in January.



Movie Night

"Dragon Fly"

Bring your favorite comfort food for all to share or just bring yourself. There is always plenty of food.

Monday, February 6th – 6:00 p.m.
Unity East Church

Dr. Joe Darrow is a recently widowed doctor. He is grieving due to the death of his pregnant wife in a Red Cross mission in Venezuela. Although being atheist, he began to believe that his dead wife wants to communicate with him, through her young patients in the Pediatrics of a Chicago hospital.

He is slowly learning how to cope with her death...until dead and dying patients start to speak to him in his wife's voice. With each new message he becomes more convinced she's trying to contact him, to tell him something important. But what? Is he just insane or is she speaking to him from beyond the grave?

WORKSHOP

'Let GOD...So You Can Let GO!'

"Have faith in God."--Mark 11:22

Sunday, February 19
12:00 – 1:30 p.m.

Rev. Jan Seward, Facilitator

In doing Internet research for this workshop, I came across a website which listed "Twenty One Wise Sayings", and one in particular stood out as a 'Wow' for me. It was Number 14 and it read "Too many people offer God prayers with claw marks all over them." Are you one of these people? Has this ever been your experience? Can you relate to this at all?

If you need reminders that God is your help in every need, and that our soul never forgets that we are always one with Spirit, you are cordially invited to join us in an interactive workshop as together we explore the role of faith and trust in the ongoing process of release, surrender, and ultimate acceptance.

The Truth about Abundance

By Rev Rose

Abundance resonates with creativity and living from the overflow and knowing there is enough. It is a consciousness in which no fear exists. Abundance relates to self-esteem, prosperity, health time, relationships, career, nature, money, vacations, rest, work, laughter, confidence. Everything!!!

Abundance: What it is; What it isn't.

Here's a concept that is the basis of many of my thoughts and practices about abundance: Abundance and money are not the same. Nor is either the same as prosperity. We can learn about abundance using money as a vehicle, but the two are not synonymous. I believe that if we all unhook from the belief that money and prosperity and abundance are the same, we will experience more of all three! Each of us has a right to be inundated with all three, if that is our desire.

Someone can have lots of money, yet live in poverty consciousness. Someone can easily meet financial commitments, yet feel sadly lacking in confidence or friends or competence or joy. We can use **anything** to experience abundance: dead leaves in the forest, the ocean, food, mountains, paper, trust, money, confidence, skills, **anything!** Abundance is about unlimited consciousness, not physical things. The **consciousness of abundance** creates those things.

The way to activate it is by setting an intention for all new explorations and ventures. Intention is the energy or consciousness from which actions emerge. An over-arching intention is a broad intention that can guide our vision and direction. Here are a few suggestions for statements of intention about the theme of Abundance:

- To live in the constant realization that all my needs are met.
- I realize that I manifest from Spirit, not from the physical.
- To know in each moment that I create my life from the abundance of the universe, and I know that all my needs are met.

So take the challenge! Stop yourself from affirming your lack or your lack of consciousness. Make it into a game. The more anti-abundance thoughts you catch and stop, the better. Listen to the words you say out loud as well as to the thoughts you keep in your head. Many people stay in a consciousness of lack, limitation, depression, or victim because of telling and retelling and retelling yet again the same story. It's a bit like memorizing a script and spewing out the words when the right cue comes along. Each retelling locks the thoughts in more deeply, creating more of the same experiences. The abundant consciousness releases the story and comes to closure. Let the past be the past.

Live in the present. It is in the present moment that we are creating our future. The fullness of time is in the present moment - now **that** is abundance!

YOUTH MINISTRY– First and Third Sundays at 10:30 a.m.

Upcoming Events at Unity East Church

All events held at 170 E. Columbus St., Pickerington, unless otherwise noted.

Call 614-920-4442 or visit our website: www.unityeastchurch.org for information or directions.

The Calendar is now on the website. Check there for frequent updates! www.unityeastchurch.org

Every Friday **The Violet Path Mindfulness Community** meets on Friday evenings from 7:00 p.m. to 9:00 p.m. They practice mindfulness to cultivate peace and joy, within and without.

January 2012 -- Theme: Discover the Prospering Power Within You

Jan. 01, Sun. Burning Bowl Service Message: The Two Headed God Musicians: Sandy Young

Jan. 04, Wed. Wellness Circle 7:00 p.m.

Jan. 07, Sat. Season's of Our Life Workshop—Prosperity Workshop

10:00 am – 3:00 pm Facilitator: Rev Rose

Lunch and beverages provided; Love Offering

Jan. 08, Sun. White Stone Ceremony Message: Receiving the Light Musicians: Ralph Leeseberg & Sandy Young

New Membership Class 12:30 p.m. to 2:30 p.m.

Vince Lisi Book Study Class – 3:00 p.m. – 5:00 p.m.

Jan. 09, Mon. Movie Night “Awakening in the Now” 6:00 p.m. see the web for more details.

Jan. 10, Tues. Class Unity Basic, Lessons in Truth 7 – 9 p.m. facilitated by Ella Schulz, Week 1 of 5 see web for details

Jan. 11, Wed. Silent Unity Prayer Service 7:00 p.m.

Jan. 14, Sat. Restorative Yoga Class 10:00 a.m. – noon Led by Connie Bradford Love offering.

White Bison Group 12:30 p.m. Led by David Cook

Comfort Food Potluck and Music Jam 6:30 p.m.

Jan. 15, Sun. Message: The Three T's Musicians: Lynda McClanahan & Joel Knepp

Choir Practice 12:00 pm

New Member Induction

Pizza Sunday

Oneness Blessing- with Dave and Guilda Altman 12:30 -2:30 p.m.

Jan. 17, Tues. Class Unity Basic, Lessons in Truth 7 – 9 p.m. facilitated by Ella Schulz, Week 2 of 5

Jan. 18, Wed. Wellness Circle 7:00 p.m.

Jan. 19, Thurs. Board meeting 7:00 p.m.

Jan. 22, Sun. Message: Choose to Live Life Joyfully From the Inside Out

Guest Speaker Zrelder Smith Musicians: Elmer Fischer & Sandy Young

Jan. 24, Tues. Class Unity Basic, Lessons in Truth 7 – 9 p.m. facilitated by Ella Schulz, Week 3 of 5

Jan. 25, Wed. Silent Unity Prayer Service 7:00 p.m.

Jan. 28, Sat. Restorative Yoga Class 10:00 a.m. – noon Led by Connie Bradford Love offering.

White Bison Group 12:30 p.m. Led by David Cook

Jan. 29, Sun. Message: Winning the Lottery of Life Musicians: The Unity East Choir, Dir. Lynda McClanahan

Jan. 31, Tues. Class Unity Basic, Lessons in Truth 7 – 9 p.m. facilitated by Ella Schulz, Week 4 of 5

February 2012 -- Theme: Discover the Power of Love Within You

Rev. Rose on Vacation Feb 1 - 19

Feb. 01, Wed. Wellness Circle 7:00 p.m. Led by David Cook

Feb. 05, Sun. Message: Christ Within - Our Hope of Glory,

Mary Lake Farley, LUT, Guest Speaker Musicians: Sandy Young

Feb. 06, Mon. Movie Night “Dragon Fly” 6:00 p.m. see the web for more details.

Feb. 07, Tues. Class Unity Basic, Lessons in Truth 7 – 9 p.m. facilitated by Ella Schulz, Week 5 of 5

Feb. 08, Wed. Silent Unity Prayer Service 7:00 p.m. Led by Elizabeth Betzel LUT.

Feb. 11, Sat. Restorative Yoga Class 10:00 a.m. – noon Led by Connie Bradford Love offering.

White Bison Group 12:30 p.m. Led by David Cook

Feb. 12, Sun. Message: “RAMPANT Acts of Love and Light!”

Rev. Jan Seward, Guest Speaker Musicians: Ralph Leeseberg & Sandy Young

Vince Lisi Book Study Class – 3:00 p.m. – 5:00 p.m. Love Offering

Feb. 15, Wed. Wellness Circle 7:00 p.m. Led by Ella Schulz

Feb. 19, Sun. Message: “LENT & PRETZEL SUNDAY !” Rev. Jan Seward, Guest Speaker

Musicians: Lynda McClanahan & Joel Knepp

Workshop ‘Let GOD...So You Can Let GO!’ 12:00 – 1:30 p.m.

Feb. 22, Wed. Silent Unity Prayer Service 7:00 p.m. Led by David Cook

Feb. 23, Thurs. Board meeting 7:00 p.m.

Feb. 25, Sat. Restorative Yoga Class 10:00 a.m. – noon Led by Connie Bradford Love offering.

White Bison Group 12:30 p.m. Led by David Cook

Feb. 26, Sun. Message: Deep Calls to Deep Musicians: Sandy Young

Feb. 29, Wed. Wellness Circle 7:00 p.m.

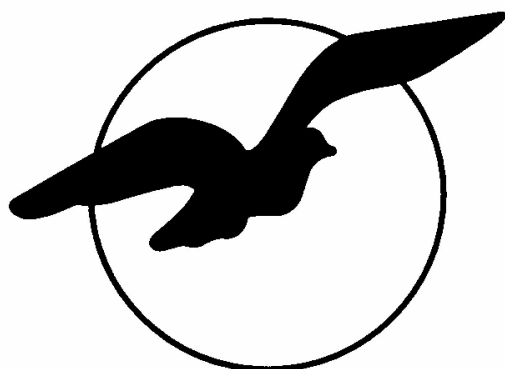


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UNITY EAST CHURCH

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www.unityeastchurch.org

Sunday Service 10:30 a.m.

Rev. Rose Houston

Licensed Unity Teachers:

Elizabeth Betzel, Shirley Williams

Office Hours

Wednesday 1:00 p.m. – 8:00 p.m.

Thursday 1:00 p.m. – 5:00 p.m.

Saturday by appointment

Please call the office to schedule counseling appointments with Rev. Rose.